



H03210X

ProForm F3 Full Body Harness

FEATURES

- Built in Relief Cords assist user to reach a gravity override seated position after a fall arrest
- Dual-Back pad system allows user to reposition the pad after a fall to reduce pressure on the clavicle
- Innovative roll down torso web keepers allow convenient storage of excess web
- SRL bumper protects lower back from contact when wearing personal SRL's
- Aluminum Cam Torso Adjuster provides easy adjustment for ultimate fit
- Polyester WebAlert™2 inspectable webbing now contains a weather-resistant coating

PROFORM™ F3

FUNCTION | FIT | FREEDOM

WebAlert™2

Inspectable webbing with protective coating
repels water and stains



SPECIFICATIONS

| Model No. | Size | D-Rings | D-Ring Material | Chest Connection | Leg Connection | Capacity | Approx. Weight | Compliance Standards |
|-----------|--------------|-----------|-----------------|------------------|----------------|------------------|------------------|---|
| H032101 | Small | Back; Hip | Aluminum | Quick Connect | Tongue Buckle | 400 lbs (181 kg) | 6.2 lbs (2.8 kg) | ANSI Z359.11 OSHA 29 CFR 1910 & 1926 |
| H032102 | Medium/Large | Back; Hip | Aluminum | Quick Connect | Tongue Buckle | 400 lbs (181 kg) | 6.3 lbs (2.9 kg) | ANSI Z359.11 OSHA 29 CFR 1910 & 1926 |
| H032104 | X-Large | Back; Hip | Aluminum | Quick Connect | Tongue Buckle | 400 lbs (181 kg) | 6.5 lbs (3.0 kg) | ANSI Z359.11 OSHA 29 CFR 1910 & 1926 |
| H032105 | XX-Large | Back; Hip | Aluminum | Quick Connect | Tongue Buckle | 400 lbs (181 kg) | 6.6 lbs (3.0 kg) | ANSI Z359.11 OSHA 29 CFR 1910 & 1926 |

⚠ WARNING: Compliant fall protection equipment must only be used as it was designed. Users MUST read and understand all user instructions provided with the product. Before using a fall arrest system, users must be trained in the safe use of the system, as required by OSHA 29 CFR 1910.30 and 1926.503, or local safety regulations. Misuse or failure to follow these warnings and instructions may result in injury or even death.

WORK SAFE! WORK SMART!

Technical Data Sheet